

# Are you or someone you know Struggling with Opioids?

## Did you know?

- There are **effective treatments** like buprenorphine?
- **Only one out of every three** people who could benefit from a treatment like buprenorphine receives it?
- The VA provides this care **via telehealth and in person?**

Even before the pandemic, more and more veterans were using telehealth for treatment of opioid addiction, including with buprenorphine. After all, telehealth-based treatments can be administered from the **privacy and convenience of your home.**

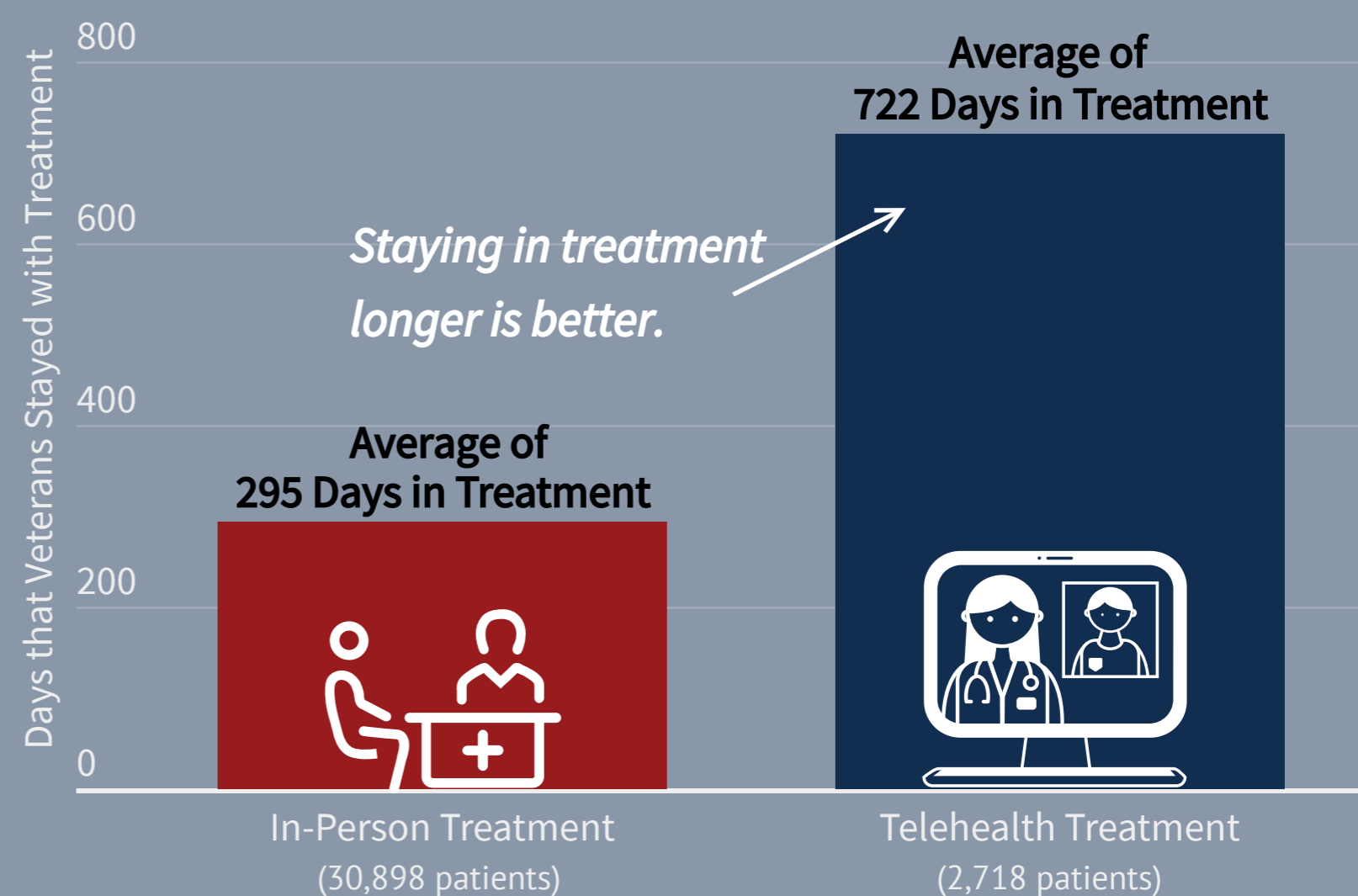


2012



2019

VA researchers found that using telehealth is likely as effective as in-person treatment. On average, people who used telehealth stuck with buprenorphine longer than people who only used in-person treatment (sticking with treatment longer means more likely to achieve goals).



**Call your VA facility or talk to your doctor about options for in-person or telehealth treatment with buprenorphine.**

Type something



**More information from VA on substance use and its treatment:**

<https://www.mentalhealth.va.gov/substance-use/>

**See the study:**

<http://pubmed.ncbi.nlm.nih.gov/34175175/>